

PREPARING TO WORK AS A DOULA

A Doula UK Workshop

The day is for trainee or newly recognised doulas and will focus on the practical aspects of working as a doula.

Debriefing experiences – professional and personal
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Relating to medical staff and challenging situations
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Looking after yourself and the doula's own agenda
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'On-call', working and family life
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Interviews, listening and communicating
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Antenatal, birth and postnatal working – as appropriate to the group
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DUK Philosophy, Code of practice and Recognition Process
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Contracts/visits
Fees
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Business matters – being self-employed, insurance and marketing

Participants' input on topics for inclusion will be welcomed in advance of the day

£40

Venue
116 Forest Road London E8 3BH

Contact Bridget Baker 020 7249 3224 or bridget@doula.org.uk

If you would like to us to provide a day in your area please get in touch